



Main Trail (hike, ski, bike, snowshoe)
 - Easiest
 - More Difficult
 - Most Difficult

Side Trail (hike, advanced bike, snowshoe)
 - Easiest
 - More Difficult
 - Most Difficult

Other Trails
 - Hiking, Portage
 - Mountain Bike
 - Paddling (NFCT)
 - Cross-country Ski
 - Snowshoe

Points of Interest
 - MH&T Hut
 - MH&T Yurt
 - Waterfall
 - Campsite
 - Bridge
 - Mileage Markers

Trailhead Symbols
 - Parking, Trailhead
 - MH&T Office
 - Viewpoint
 - Hand-carry Site
 - Boat Launch
 - Gate

Contour intervals: 100 ft (main map) 20 ft (detailed maps)
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MAINE HUTS & TRAILS (207) 265-2400
 mainehuts.org

TRAIL MAP



4 ECO-LODGES
80 MILES OF TRAILS
 MOUNTAIN BIKE • FISH • HIKE • PADDLE • SWIM
 FAT-BIKE • NORDIC SKI • SNOWSHOE

How do you know you're on our trails?
 Use the following examples of our trail signs as a guide to identify and follow our trails and their acceptable modes.

Hemlock Trail
 Flagstaff Lake Hut 3.2 mi →
 Poplar Stream Falls Hut 7.4 mi ↑

Trail Sign Legend:
 - MAIN TRAIL MARKER
 - SIDE TRAIL MARKER
 - MILEAGE MARKER

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- Trail Rules & Safety Information**
- Carry in, carry out. Leave no trace.
 - Respect wildlife.
 - Our trails are multi-use and available to the public. Share the trail.
 - Many of our trails are within working forests. Watch out for and yield to logging trucks.
 - The majority of our trails are in remote places and are not patrolled; trail users should plan ahead and be prepared for self-rescue.
 - Don't count on cell phones. Service is extremely limited on our trails and in our Huts. Always let someone know where you are going, what route you are taking and when you plan to be back. Enjoy the trails in groups when possible.
 - Always pack snacks and plenty of water.

- Emergency Information**
- In the event of an emergency, first attempt to CALL 911.
 - Mark the location of the injured person on a map and, if possible, use a GPS to get an exact coordinate.
 - If possible, have at least one person stay with the injured person while another goes for help.
 - DO NOT attempt to move the injured person if a head, neck or back injury is suspected.
 - Attempt to keep the injured person warm and dry.
 - Assist the injured person to the nearest road only if the injury is not to the head, neck or back.

No Vehicle Access
 You cannot drive to any of our Huts, you must park at a trailhead and hike, bike, ski or snowshoe in from there. Depending on the Hut you are visiting, you can expect anywhere from 1 to 8 hours of biking/hiking/skiing/snowshoeing from the nearest trailhead parking area. Please plan accordingly. See distances and times to the Huts from the trailheads below.

Distance & Approximate Time Huts from Trailheads

From	To	Distance (mi.)	Time (h:mm)
Route 27 Trailhead	Stratton Brook Hut	3.1	1:00 to 2:30
Outdoor Center	Stratton Brook Hut	3.6	1:15 to 2:45
Airport Trailhead	Poplar Hut	3.3	1:00 to 2:30
Long Falls Dam Road Trailhead	Poplar Hut	9.8	3:15 to 5:00
Long Falls Dam Road Trailhead	Flagstaff Hut	2.2	0:45 to 1:15
Dead River Road/Big Eddy Trailhead	Flagstaff Hut	3.8	1:15 to 2:45
Lower Enchanted Road Trailhead	Grand Falls Hut	1.2	0:20 to 0:40
Dead River Road/Big Eddy Trailhead	Grand Falls Hut	7.9	2:45 to 4:00
West Forks Trailhead	Grand Falls Hut	14.4	4:45 to 9:30

Times shown are approximate. Actual time dependent on speed and # of stops.

Arrival/Departure Times
 Check-In: Before 5:00 PM
 Check-Out: 10:00 AM
 Please plan to arrive at the Hut no later than 5:00 PM.

Need a Ride?
 All Points Transportation (Greg Roy): (207) 329-3482
 Shuttle fees apply, see www.maine-huts.org for pricing.